



Phrasal Verbs for Holidays & Travel – Practice Worksheet

Instructions: Complete the exercises using the correct phrasal verbs. Use the context to help you.

Target phrasal verbs

check in / check out, stop over, take off, go through, chill out, kick back, laze about, wind down, cool off, put on, show around, look forward to

Exercise 1 – Fill in the gaps

Complete the sentences with the correct phrasal verb. Use the correct form.

1. We need to _____ at the hotel before 12 o'clock.
2. The plane will _____ in ten minutes. Please fasten your seatbelts.
3. After such a busy year, I just want to _____ on the beach and do nothing.
4. The security officer _____ our bags at the airport.
5. Let's go for a swim to _____. It's really hot.
6. I'll _____ some sunscreen before we go out.
7. We're _____ our holiday next month. I can't wait!
8. The guide _____ us _____ the old town.
9. The flight to Japan _____ in Dubai for a few hours.
10. It usually takes me two or three days to _____ properly after work.

Exercise 2 – Choose the correct option

Choose the correct phrasal verb.

1. We arrived at the hotel and _____.
a) took off b) checked in c) cooled off
2. Let's just _____ by the pool this afternoon.
a) kick back b) take off c) go through
3. Customs may _____ your suitcase.
a) laze about b) go through c) look forward to
4. Please remember to _____ before leaving the hotel.



a) check out b) stop over c) put on

5. She's really _____ her holiday.

a) chilling out b) showing around c) looking forward to

Exercise 3 – Match the phrasal verb to its meaning

Write the correct number next to each meaning.

Phrasal verbs:

1) check in

2) stop over

3) wind down

4) put on

5) show someone around

6) cool off

Meanings:

a) to relax slowly after stress

b) to apply something (e.g. clothes, sunscreen)

c) to register at a hotel or airport

d) to stay somewhere for a short time during a journey

e) to take someone to places and show them

f) to become less hot

Exercise 4 – Rewrite the sentences

Rewrite each sentence using the phrasal verb in brackets.

1. We registered at the hotel at 3 p.m. (check in)

2. I'm very excited about my holiday. (look forward to)

3. He relaxed by the pool all afternoon. (kick back)

4. The officer examined our bags. (go through)

5. It takes me a few days to relax after work. (wind down)



Answer Key

Exercise 1

1. check out
2. take off
3. laze about / chill out
4. went through
5. cool off
6. put on
7. looking forward to
8. showed us around
9. stops over
10. wind down

Exercise 2

1. b) checked in
2. a) kick back
3. b) go through
4. a) check out
5. c) looking forward to

Exercise 3

1-c, 2-d, 3-a, 4-b, 5-e, 6-f

Exercise 4

1. We checked in at the hotel at 3 p.m.
2. I'm really looking forward to my holiday.
3. He kicked back by the pool all afternoon.
4. The officer went through our bags.
5. It takes me a few days to wind down after work.