



Phrasal Verbs with UP – Quiz

Part 1: Gap-Fill

1. After months of arguing, they finally _____ last week.
2. Could we _____ this topic again at the next meeting?
3. I need to exercise more to _____ my strength before the hiking trip.
4. Come on, _____! It's not as bad as you think.
5. We should _____ the kitchen before the guests arrive.
6. Could you _____ the form before handing it in?
7. I tried to learn Italian, but I _____ after two months.
8. She didn't have a good excuse, so she just _____ a story.
9. We were worried because he didn't _____ for the interview.
10. If the taxi doesn't arrive soon, we'll need to _____ and walk faster.

Part 2: Multiple Choice

11. The hall quickly _____ as people arrived for the concert. (A) gave up (B) filled up (C) broke up
12. They argued all morning but eventually _____ and became friends again. (A) made up (B) cleaned up (C) showed up
13. If we want to finish on time, we need to _____ the process. (A) speed up (B) bring up (C) cheer up
14. I don't want to _____ the same issue again, but it's important. (A) build up (B) bring up (C) break up
15. She was feeling sad, so her friends tried to _____ her _____. (A) cheer ... up (B) show ... up (C) make ... up
16. They _____ after realising they no longer wanted the same things from life. (A) filled up (B) broke up (C) built up
17. He didn't _____ to the meeting, so we had to start without him. (A) show up (B) give up (C) clean up



18. It took years for her to _____ a successful business. (A) break up (B) build up (C) fill up

19. Please _____ the car _____ before we leave for the airport. (A) speed ... up (B) fill ... up (C) make ... up

20. You shouldn't _____ on your goals just because things are difficult. (A) clean up (B) give up (C) bring up



Answer Key

Gap-Fill: 1) broke up 2) bring up 3) build up 4) cheer up 5) clean up 6) fill up 7) gave up
8) made up 9) show up 10) speed up

Multiple Choice: 11) B 12) A 13) A 14) B 15) A 16) B 17) A 18) B 19) B 20) B