

Phrasal Verbs with UP

Practice Worksheet • B1–B2 • Approx. 45–60 minutes

Name: _____

Date: _____

Score: _____ / 78

Learning goal: recognise and use 18 common phrasal verbs with up accurately in everyday contexts.

1 Match the phrasal verbs to their meanings [12 points]

Write the correct letter (A–L) beside each phrasal verb. There are no extra meanings.

- | | |
|---------------------|---|
| 1. come up ____ | A. tolerate something unpleasant |
| 2. catch up ____ | B. arrive or appear |
| 3. keep up ____ | C. establish or organise something |
| 4. meet up ____ | D. mention a subject |
| 5. set up ____ | E. continue at the same speed or level |
| 6. put up with ____ | F. stop trying or quit |
| 7. turn up ____ | G. approach or move closer |
| 8. bring up ____ | H. meet by arrangement |
| 9. build up ____ | I. reach the same level / exchange news |
| 10. cheer up ____ | J. increase or strengthen gradually |
| 11. give up ____ | K. become or make someone happier |
| 12. show up ____ | L. arrive, often unexpectedly or late |

2 Complete the sentences [12 points]

Use the correct form of a phrasal verb from the box. Use each verb once.

break up • clean up • fill up • make up • pick up • speed up • stand up • set up • keep up • cheer up • bring up • turn up

1. Could you _____ the car from the garage before lunch?
2. The hall began to _____ half an hour before the lecture.
3. Please _____ when your name is called.
4. We need to _____ the kitchen before the guests arrive.
5. The two friends argued, but they soon _____ again.
6. Schools in England usually _____ for summer in July.
7. The company has _____ a new support team in Belgrade.
8. Don't _____ the salary issue until the end of the interview.
9. You'll have to walk faster if you want to _____ with us.
10. A phone call from an old friend really _____ me _____ yesterday.
11. We waited until eight, but Martin never _____.
12. The new system should _____ the application process.

3 Choose the correct meaning in context [10 points]

Circle A or B. Pay attention to the whole sentence.

1. I haven't seen Lena for months, so we're meeting to catch up.
A exchange recent news B walk at the same speed
2. After missing two weeks of lessons, Omar stayed late to catch up.
A hear some gossip B reach the class's level
3. I'll pick you up outside the theatre at ten.
A collect you B lift you
4. Ella picked up the keys from the floor.
A collected by car B lifted with her hand
5. Ben and Mia broke up last winter.
A ended their relationship B finished school
6. Our school breaks up on 17 July.
A closes for the holidays B ends a relationship
7. She made up an excuse about a delayed train.
A invented B became friends again
8. They apologised and made up before dinner.
A invented a story B became friends again
9. Her grandparents brought her up after her parents moved abroad.
A raised her B mentioned her
10. No one wanted to bring up the budget problem.
A raise a child B mention a topic

4 Correct the mistake [10 points]

Each sentence contains one mistake involving a phrasal verb. Rewrite it correctly.

1. I can't put with up this noise any longer.

2. She turned at the meeting up twenty minutes late.

3. Can you pick up me from the airport?

4. He gave smoking up last year.

5. The children were brought by their grandmother up.

6. Let's meet us up outside the café at six.

7. A stranger came me up to and asked for help.

8. You should never give it up your dream.

9. Dust has built on the bookshelves up.

10. Only five people showed to the workshop up.

5 Rewrite with a phrasal verb [10 points]

Replace the words in bold with a suitable phrasal verb with up. Make any other necessary changes.

1. We established a small reading group at work.

2. I cannot tolerate his constant complaining.

3. She is trying to increase her confidence before the exam.

4. Please don't quit when the exercise becomes difficult.

5. A woman approached me at the bus stop.

6. Let's meet by arrangement after class tomorrow.

7. Could you make the car move faster? We're late.

8. He invented the entire story.

9. We need to make the room tidy before the lesson.

10. Three unexpected guests arrived at midnight.

6 Complete the dialogue [8 points]

Use the verbs in the box in the correct form. One verb is not needed.

catch up • cheer up • fill up • give up • meet up • pick up • put up with • show up • speed up

MAYA: Shall we (1) _____ on Saturday? We haven't spoken properly for ages.

LEO: Great idea. We have a lot to (2) _____ on.

MAYA: I can (3) _____ you _____ at eleven. Will that work?

LEO: Yes—unless my cousin (4) _____ unexpectedly again!

MAYA: You really shouldn't (5) _____ his behaviour all the time.

LEO: I know. Anyway, let's get coffee. That always (6) _____ me _____.

MAYA: Fine, but we'll need to (7) _____. I have an appointment at one.

LEO: No problem. And don't (8) _____ on that course—you're doing brilliantly!

7 Your English: personal response [8 points]

Complete each sentence so that it is true or believable for you. Then compare answers with a partner.

1. I find it difficult to keep up with ...

2. The last person I met up with was ...

3. Something that always cheers me up is ...

4. I would never put up with ...

5. A skill I would like to build up is ...

6. The last interesting topic someone brought up was ...

7. Something I once gave up was ...

8. A person I would happily pick up from the airport is ...

8 Speaking challenge [8 points]

Work with a partner. Choose four questions and answer in detail. Try to use at least one phrasal verb with up in every answer.

1. How do you catch up after missing work or classes?

2. Have you ever arranged to meet someone who did not show up? What happened?
3. What habit would you like to give up—and why?
4. What helps people build up confidence when speaking English?
5. What behaviour should nobody have to put up with at work?
6. When did someone last cheer you up?
7. Would you like to set up a business or community project?
8. What topic do people sometimes bring up at the wrong moment?

Answer Key

Phrasal Verbs with UP • Teacher's copy

Name: _____

Date: _____

Score: _____ / 78

1 Match

1 G • 2 I • 3 E • 4 H • 5 C • 6 A • 7 L • 8 D • 9 J • 10 K • 11 F • 12 B

2 Complete the sentences

1. pick up
2. fill up
3. stand up
4. clean up
5. made up
6. break up
7. set up
8. bring up
9. keep up
10. cheered ... up
11. turned up
12. speed up

3 Meaning in context

1 A • 2 B • 3 A • 4 B • 5 A • 6 A • 7 A • 8 B • 9 A • 10 B

4 Correct the mistake

1. I can't put up with this noise any longer.
2. She turned up at the meeting twenty minutes late.
3. Can you pick me up from the airport?
4. He gave up smoking last year.
5. The children were brought up by their grandmother.
6. Let's meet up outside the café at six.
7. A stranger came up to me and asked for help.
8. You should never give up your dream.
9. Dust has built up on the bookshelves.
10. Only five people showed up to the workshop.

Answer Key — continued

Name: _____

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5 Rewrite with a phrasal verb

1. We set up a small reading group at work.
2. I can't put up with his constant complaining.
3. She is trying to build up her confidence before the exam.
4. Please don't give up when the exercise becomes difficult.
5. A woman came up to me at the bus stop.
6. Let's meet up after class tomorrow.
7. Could you speed up? We're late.
8. He made up the entire story.
9. We need to clean up the room before the lesson.
10. Three unexpected guests turned up at midnight. (Showed up is also possible.)

6 Dialogue

1 meet up • 2 catch up • 3 pick ... up • 4 shows up • 5 put up with • 6 cheers ... up • 7 speed up • 8 give up

7–8 Personal response and speaking

Answers will vary. Award one point for each response that uses the target phrasal verb accurately and communicates a clear idea.

Quick reference: separable and inseparable forms

Pattern	Examples	Important note
Separable	pick up, cheer up, clean up, fill up	Pronouns go in the middle: pick me up; cheer her up.
Inseparable	come up to, put up with, catch up with	Keep the words together: put up with it—not put it up with.
Usually no object	turn up, show up, stand up, meet up	No object is required: She turned up late.