



Adjectives Ending in -ED and -ING

Practice Worksheet

Part 1 – Choose the Correct Form (-ed or -ing)

1. I was really _____ (bore) during the lecture.
2. The lecture was incredibly _____ (bore).
3. She felt _____ (confuse) by the instructions.
4. The instructions were very _____ (confuse).
5. We were _____ (excite) about the trip.
6. The trip was extremely _____ (excite).
7. He seemed _____ (annoy) by the noise.
8. The noise was really _____ (annoy).
9. They were _____ (disappoint) with the results.
10. The results were deeply _____ (disappoint).
11. I felt _____ (frustrate) waiting in the queue.
12. Waiting for hours is _____ (frustrate).
13. She was _____ (surprise) by the news.
14. The news was quite _____ (surprise).
15. I am not _____ (interest) in politics.

16. Politics can be very _____ (interest).
17. He felt _____ (tire) after work.
18. It was a long and _____ (tire) day.
19. The children were _____ (amuse) by the clown.
20. The clown was highly _____ (amuse).

Part 2 – Correct the Mistakes

1. I am very exciting about the opportunity.
2. This book is very interested.
3. She felt boring during the meeting.
4. The film made me very interesting.
5. He was frustrating by the delay.
6. The students were confusing by the task.
7. I am exhausting after the workout.
8. The teacher was disappointed by the disappointing behaviour of the class.
9. The speech was inspiring and everyone felt inspiring.
10. I was very surprising to hear that.

Part 3 – Complete the Sentences (Open Cloze Style)

1. I was completely _____ when I saw the final score.
2. The documentary was absolutely _____.
3. She felt _____ after hearing the criticism.

4. The journey was _____ and uncomfortable.
5. The idea sounded quite _____ at first.
6. He looked _____ when he realised his mistake.
7. The children were _____ by the magician's tricks.
8. The magician's performance was truly _____.
9. I felt _____ when nobody replied to my email.
10. The situation is becoming increasingly _____.

Part 4 – Sentence Transformation

1. The film bored me. → I was _____.
2. The exam stressed her. → She felt _____.
3. The news surprised them. → They were _____.
4. The journey exhausted us. → We felt _____.
5. The lesson interested me. → I was _____.
6. The delay frustrated him. → He felt _____.
7. The speech inspired the audience. → The audience felt _____.
8. The noise annoyed her. → She was _____.
9. The situation confused me. → I felt _____.
10. The result disappointed them. → They were _____.

Part 5 – Writing Practice

Write a short paragraph (120–150 words) describing an experience that was exciting, frightening, or disappointing. Use at least 6 adjectives ending in -ed and -ing.

Answer Key

Part 1 Answers: bored, boring, confused, confusing, excited, exciting, annoyed, annoying, disappointed, disappointing, frustrated, frustrating, surprised, surprising, interested, interesting, tired, tiring, amused, amusing.

Part 2 Sample Corrections: excited, interesting, bored, interested, frustrated, confused, exhausted, (second clause OK but check structure), inspired, surprised.

Part 3 Answers will vary (e.g. surprised, fascinating, disappointed, tiring, tempting, embarrassed, amazed, entertaining, ignored, worrying).

Part 4 Answers: bored, stressed, surprised, exhausted, interested, frustrated, inspired, annoyed, confused, disappointed.